



ADVANCED BOXFIGHTING

YOUR ESPORTS ATHLETIC JOURNEY STARTS
HERE

Welcome to the Fortnite Advanced Boxfighting course! We are very excited to have you potentially join our team as a youth esports athlete. You are about to join an elite esports program that has been developed by professional gamers, educators, veterans, and performance trainers.

Our objective is to help you develop as an esports athlete, not just as a video gamer. **What is the difference?** Playing video games is a hobby that nearly everyone enjoys. Esports is a competition that requires teamwork, determination, physical fitness, mental balance, and discipline. It's easy to be a gamer. It's challenging to be an esports athlete.

But do you know what the most important part of being an esports athlete is? **Having fun.** If you don't love what you're doing, it becomes that much harder to get better, to overcome obstacles, and to become the best that you can be.

Over the next 12 sessions,, we will be focusing on improving gameplay, physical fitness, and strategic thinking. Your coach will teach you how to practice and you will be able to use those same skill sets in anything else that you do.

We hope that you're ready to learn, to be an excellent teammate, to be a calm and collected leader, and to have a ton of fun!

Don't just play. Compete.

The N1 Esports Team

ADVANCED BOX FIGHTING SYLLABUS

Session		Description
1	Box Fight aim trainer	Establish a warm up routine for the body and mind. Cover how to train your aim for close quarters combat.
2	How to speed up edits	Cover reducing draw distance, & instant tile selection. Speed up your edits without having to increase your sensitivity.
3	Crosshair Placement after edits	cover how to properly align our crosshairs (with and without editing).
4	Box fight edits	Practice practical peeking against bots or other campers. Creating right hand peeks, peanut butter, how to swing.
5	Playing offense	Learn how to play offensively ARs to take walls, how to use shotguns to take walls, how to pickaxe walls properly.
6	Playing defense	Learn how to reapply pressure, how to tunnel out, and how to create space between you and opponent.
7	Box fighting exploits	Learn various phase techniques to implement into our gameplay
8	Piece insertion/ piece sliding	Learn how to insert cones and stairs into boxes.
9	Introduction to piece control	Cover the concept of piece control and start with learning how to take piece control with walls.
10	More piece control	Cover piece control with the addition of stairs and cones.
11	Piece control sequences	Enlarging the box fight map vertically allows for introduction of vertical play, therefore, allowing us to cover more cone blocks and piece control.
12	Developing a box fighting practice routine	Develop your personalized routine. Compete in team and FFA boxfighting.

MEET YOUR COACH



Coach Dennis is a semi-professional Fortnite player and professional esports coach. He has helped many youth esports athletes train to improve their mechanics, game sense, and confidence through our highly structured training process. He reached finals in weekly world cup qualifiers and served as the Assistant coach for a West FNCS squads finalist team.

Dennis graduated from UIC with a bachelors in Biology with the goal of becoming a Physician Assistant. Outside of academics and work, he pursues his hobbies of playing volleyball and cooking. His favorite dish to cook is Cajun chicken pasta!

HOW PARENTS CAN STAY INVOLVED

Esports, while exciting and fun, is also new and largely misunderstood. Our primary mission is to create an incredible esports athletic experience. However, the next most important objective is to ensure that parents have the understanding and tools necessary to make the esports experience their own.

In order to facilitate this effectively, we will be providing three resources/events that are designed to help parents get actively involved in the esports world and share fun experiences with their athletes.

1

WEEKLY REPORTS Our coaches provide weekly reports to parents that covers materials reviewed, daily performance analysis, and broader strengths and development objectives. We write these reports with as little gaming lingo as possible to provide clarity for parents.

The aim of these reports is to help parents engage their children in their day-to-day activities and provide potential talking points so they can transform some of the day's learnings into their own lessons.

2

ESPORTS TOWNHALL We provide a 45-minute overview of the world of esports for all parents and guests on a regular basis. The objective of the townhall is to introduce parents to the industry, impact on culture, professional sports, and even college/career opportunities.

If you would like to attend, please check the calendar [here](#) and RSVP! You can also email Ryan at ryan.kim@n1esports.com. Feel free to invite friends and family as well!

TECH REQUIREMENTS

GAME SETUP

Your athlete will require an active Fortnite account and internet connection to the gaming console or PC of choice. Each athlete must also have his or her own headset with a mic to communicate with the coach and teammates in game.

It is feasible to use normal headphones with mics for some gaming systems. For help, please call or email Ryan before the session begins.

DISCORD

For non-gaming activities, athletes will be video chatting via discord. We recommend that you use a phone or tablet for easy access. At the start of each session, athletes will log on to discord to meet with the teammates and coach. Please use the link below to join the meeting directly:

<https://discord.gg/fF4T8g4>

COMMUNICATION

We will communicate with athletes and parents primarily by email. Both athletes and parents are welcome to call or text Ryan at (703) 389-1820 with any other questions or concerns throughout the camp.

We do have a private Discord channel (a chatting app developed for gaming) that athletes can request to join but it is not necessary for the camp.

OTHER QUESTIONS?

If you have any other questions, please email us at ryan.kim@n1esports.com and we'll reach out to help you solve them. Our IT resource is the best in the business!

N1 ATHLETE AGREEMENT

N1 ATHLETE VALUES

Make each day your
masterpiece

Always respect others

Put the Team first

Be yourself, have fun

Prepare for tomorrow, today

I, _____, hereby agree to uphold the N1
Athlete values in order to create a welcoming community,
develop as an excellent teammate, strive to become my best self,
and mature as a leader and esports athlete.

Athlete Signature

Date

**Please have your child complete this agreement and send it back via
email to info@n1esports.com.**